

ACTIVITIES OF A SOCIETY OF COUPLES AS EXPERIMENT FOR SUPPORTING CHILD-CARE

— Discussion on New Child-care Supporting Program —

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Abstract

This study summarizes the results of “Salon for Couples” which we had established as a particular society for couples having infant (s) . The results showed that the “Salon for Couples” provided the opportunity for husband and wife to deepen their self-understanding and mutual understanding, and realize the influence of the relationship between husband and wife on child-care. In addition, the “Salon for Couples” gave each couple the opportunity to enhance understanding of their children and finally have fun and confidence in their child-care. Those advantages are supposed to be most probably related to self-acceptance of the individuals. However, it was found that the “Salon for Couples” had no effect on the level of satisfaction at the relationship between husband and wife. We’d like to design an improved child-care supporting program which can also affect the adjustment of the relationship between husband and wife.

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