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## コア・リフレクション研究の動向と今後の展望: 教師の省察と成長をめぐって

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# Trends and Prospects of Research on Core Reflection: A Study of Teachers' Reflections and Development

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The purpose of this study was to introduce core reflection and core quality concepts, including the related onion model, to explore future research directions in this field in Japan by using foreign studies that have demonstrated the effectiveness of these approaches. According to the authors, core reflection entails growth not only as a teacher but also as a human being and is linked to teachers' confidence. We believe that core reflection is worth exploring in the research related to teachers' growth. Moreover, in terms of the future of the core reflection research in Japan, we suggest introducing core reflection into in-school training, building up practical studies that promote

a cooperative school culture and examining the processes and structures of core reflection in varied difficult situations that teachers confront.

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## Key words

Core reflection, Reflection, Teacher development

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